

AWESOME ACTION!

Every Tuesday and Thursday, we do *Awesome Action* at home. We use the *Super Troopers* activity journals to pick an activity. The activities are really fun and we can do them with our friends and family. There's lots of games like *Crab Walk Pick Up*, *Float the Pond*, *Jump the River* and *Musical Bumps*. We do each activity for about ten or fifteen minutes. It's a great way to get some exercise and have some fun!

